IN THIS ISSUE:

- Onondaga County Medical Society Annual Dinner Meeting
- A Family Practice of Giving Back
- Getting to Know Dr. Mary Abdulky
HELP SECURE YOUR FAMILY’S FUTURE WITH CAREFUL PLANNING

Nothing can replace the loss of a loved one, but carefully chosen Life Insurance coverage can ease the financial stress that death brings to a family.

It can help provide the funds your spouse and dependents need for a secure, comfortable future.

For more information, contact the Plan Administrator:

Charles J. Sellers & Co., Inc.

Phone: 800-333-5440  •  FAX: 800-462-1121
insurance@sellersinsurance.com  •  www.sellersinsurance.com

Insurance Services Since 1920

Onondaga County Medical Society Endorsed:

GROUP TERM LIFE INSURANCE

Underwritten by: ReliaStar Life Insurance Company of New York
(a member of the Voya™ family of companies)
If your patient is Medicaid eligible, the options they can choose for long term health care have changed. Now they can choose VNA Homecare Options, our new Medicaid Managed Long Term Care Plan that raises the bar for the kind of in-home care and services available. VNA Homecare has served this community for over 100 years. We are the organization they can trust to coordinate the services they need to stay safe, independent and in their own home – not a nursing home.

Call any time and we’ll answer your questions about the services and benefits patients are entitled to:

CALL 477-9500

Some of the services covered include:
- Transportation
- Meals & Housekeeping
- Personal Emergency Response System
- Medication Management
- Dental, Vision & Hearing Services
- In-Home Nursing & Home Health Aides
- Physical & Occupational Therapy
- Medical Equipment
- Home Safety Modifications

“They’ve been wonderful. I know the help is right there.”

Molly Felczak, Jamesville, NY
VNA Homecare Options Member
Cover Photo: Pictured are new OCMS President Dr. Mary Abdulky (seated) with her husband, Dr. Mazen Beshara (far left), daughter, Marya, and son, Michael.

Table of Contents
President’s Page ................................................................. 1
Executive Vice President’s Page ........................................ 5
Outgoing President’s Remarks ........................................... 7
Onondaga County Medical Society
Annual Dinner Meeting ......................................................... 10
Onondaga County Medical Society Sponsors ....................... 27
A Family Practice of Giving Back ........................................ 28
Alliance News ....................................................................... 30
In Memoriam .......................................................................... 32

Staff
James E. Coulthart, Executive Vice President
Debbie Colvin, Director of Finance
Patty Corasaniti, Office Manager
Sandy Emmi, Director of Publications

Onondaga County Medical Society
Executive Council Officers
Mary Abdulky, M.D.
President
Dan J. Vick, M.D.
President-Elect
Michael G. Sheehan, M.D.
Vice President
Sandra M. Sulik, M.D.
Treasurer
Riya S. Chacko, M.D.
Secretary
Richard A. Beers, M.D.
Past President

Members-At-Large
Justin P. Fedor, M.D.
Michael C. Fischi, M.D.
Barbara E. Krenzer, M.D.
Cynthia B. Morrow, M.D.
William D. Schreiber, M.D.
Kevin M. Walsh, M.D.

Delegates to MSSNY
Adrienne D. Allen, M.D.
Ramsay S. Farah, M.D.
Ruth H. Hart, M.D.
David R. Halleran, M.D.
Brian Johnson, M.D.
David T. Page, M.D.
Barry Rabin, M.D.
Richard D. Semeran, M.D.
Jef Sneider, M.D.

Delegate from SUNY Upstate Medical University
Karen Teelin, M.D.

Resident Representative
Kyle E. Shilk, M.D.

Medical Student Representative
David DiStefano
Thank you for the introduction, Dr. Beers. It has always been an honor and privilege working with you. I look forward to supporting your vision, now and in the future, as you continue to be a beacon for our Society.

Good evening, colleagues, friends, and family. I would like to begin by thanking each and every one of you for your presence here today, in support of our Society. I would like to extend a special thank you to the Executive Council members for deeming me worthy of the elected office of president, and to Dr. Ramsay Farrah for introducing me to the council and encouraging me to serve. I am so grateful to my husband, my friend and forever companion, Mazen Beshara, who has been with me every step of the way, and for my children, Maya and Michael, for enriching our lives with endless happiness and pride. Thank you to my associates and our staff at Arthritis Health Associates, and my senior partner, Dr. Patrick Riccardi, for the support you provide, which has allowed me the opportunity to devote the necessary time to serve the Society.

I am grateful our community and friends for your encouragement and continuing support, evidenced by your presence here today.

Finally, special thank you to my uncles David and Fareed Abdulky and their families for encouraging us to immigrate to the United States and helping us with our first steps in this country.

The eldest of four children, I was born in Damascus, Syria, in the mid-1960s. My father, George, left before dawn each day in order to provide for his family.
Georgette, my mother, worked tirelessly to make our house a loving home. As is customary amongst Middle Eastern families, as the first-born child I was raised with the ideals of my parents, representing their hopes and dreams, to serve as a role model for my younger siblings. I was taught the importance of education, perseverance to achieve noble goals, and impeccable work ethics. I was in middle school when I had my first encounter with human biology, and became immediately fascinated by the intricate logic of physiology. I was intrigued and began, successfully, to follow the path of general scientific studies. It was with the unwavering support and love of my parents and siblings that I was able to realize my dreams. While they regret they are not able to be here today due to circumstances beyond their control, they are with us in spirit. To my family in Damascus…my undying love and gratitude.

As two young physicians, my husband and I came to Syracuse, eagerly anticipating the start of our new lives and medical careers. Syracuse welcomed and embraced us, giving us what we needed to succeed, and enabling us to provide our own family with a happy and loving home. It has been a great honor serving in the Medical Society of the city that first welcomed us 28 years ago. I am grateful and amazed to be standing before you today, having been afforded this opportunity to serve and give something in return.

Exponential increases in healthcare costs, coupled with the public’s demands to universally insure all Americans, has in recent years accelerated changes in healthcare regulations, insurance reimbursement, and patient coverage. In an effort to meet the demands of society, on January 1, 2017, Medicare will begin linking reimbursement for care to patient outcomes and cost. These pending changes have created a new vocabulary of terminology foreign to the ears of physicians. We are confronted with a plethora of acronyms, like MACRA, MIPS, and APMS. Fear of the unknown has created tension and apprehension for hospitals, physicians, and the medical community as a whole. However, it is through understanding and knowledge that we will not only survive but thrive. As regulators work to define the new system and experts work to interpret it, it begs the question: What, now, is the proper course of action for physicians?

The Chinese philosopher, Confucius, said “Life is really simple, but we insist on making it complicated.” These changes do not have to be complicated. To simplify them, we must understand that American society is asking that the medical community maintain their expectations of high-quality, low-cost healthcare. Translation: We, as physicians, must provide the best care to all patients at the least possible expense. How can we, as a medical community, achieve this goal?
The resources we have at our disposal to maintain our standard of medical ethics while managing these difficult tasks are rooted in scientific evidence and innovative approaches. Focusing upon prevention, taking a population health approach, and creating a cooperative culture between large healthcare organizations, while channeling effort through governmental agencies, are just some of the methods we can utilize.

Another wise man, Benjamin Franklin, said “An ounce of prevention is worth a pound of cure.” I truly believe that a preventative approach to medicine is a preferred way of guaranteeing the health outcome for patients at a lower cost than advanced treatment and hospitalization. Achieving this shift in culture, however, will require a systematic approach on a large scale, including the effective dissemination of information to physicians and the public alike.

“I truly believe that a preventative approach to medicine is a preferred way of guaranteeing the health outcome for patients at a lower cost than advanced treatment and hospitalization.”

By adopting better preventative measures, each one of us is empowered to improve the general well-being of our society and lower the economic costs of the healthcare system for us and our patients. Emphasizing lifestyle changes, such as physical activity and healthy eating habits for example, are a cost-effective approach to extending and reducing the need for specialized healthcare. Ensuring timely vaccinations will reduce the epidemics and the need for hospitalization. Compliance with appropriate cancer screenings will not only reduce the prevalence and advancement of the disease but will save lives. Population health approach to societal epidemics, such as the addiction to illicit drugs and prescription medication and obesity is a must to a healthier and wealthier American society. Despite the simplicity of the concept, the work necessary is extensive. It requires the involvement of everyone. The Onondaga County Medical Society, as a representative of our local physician’s community, should assume leadership in this matter, assisting our physicians in making prevention the priority of their care, helping to distribute information about access to the public, and continuing to work with the Health Commissioner and other government officials in combating societal epidemics.
Our role in reducing healthcare cost will include working to get the large organizations in our community to operate in congruity, providing more complementary and less competitive services to our community. We must encourage them to focus their resources upon population health, proper post discharge follow-up, and reducing re-admissions. I pledge to work with our hospitals’ leadership on ways for the society to help them realize these goals.

Ladies and gentlemen, our medical society can and should play a leading role in affecting these changes. Our medical society, however, is only as powerful as the involvement and commitment of each, individual member. Without a doubt, our society needs and deserves the concerted effort of all physicians in our community. Increasing membership in the medical society is a must, and encouraging the continued participation of our current members is paramount to our success.

The medical society’s contributions to those issues encountered by our physicians are intrinsic to solving everyday practice challenges. Our society continues to provide our physician community with a unified voice. Through advocacy and regularly scheduled meetings with our state and local representatives, we are able to present the fervent issues related to physician’s daily needs, ranging from malpractice costs to insurance reimbursements and regulatory burdens. I will continue to work, ardently with our society, to aid and support our local physicians.

In conclusion, over the past three decades of my medical practice, I have learned the humbling fact that “the more we know as physicians, the more we need to learn.” The sea of knowledge that is our profession has an ever-changing tide. During my career, I have been able to acquire knowledge very effectively through communications with my patients and my peers. I intend to continue this method of open communication during my term so that I might best understand your concerns and serve you. To achieve that goal, I ask that each one of you communicate openly with me, as I pledge to do my utmost to resolve the crucial issues related to our medical society.

Thank you again for your vote of confidence in me. I will do my best to live up to your expectations.
Getting to Know President Mary Abdulky, M.D.

It gives me great pleasure to provide members with a personal profile of our 189th President of the Onondaga County Medical Society, Mary Abdulky, M.D.

The Onondaga County Medical Society (OCMS) can be proud of its inclusiveness and diversity among members and leadership ranks of the Society. One only has to look at the OCMS Executive Council to see a reflection of Central New York’s population through the physicians representing the many cultures found in our community. We are an immigrant population in ‘this neck of the woods’ (apologies to Al Roker).

Also, in recent times there have been three lady presidents of the Onondaga County Medical Society: Dr. Patricia Randall (1988-89), Dr. Colleen O’Leary (1999-2000) and Dr. Joyce Garber (2002-2003).

We welcome Dr. Abdulky as the newest OCMS President. She is a physician, partner, and director of the Laboratory at Arthritis Health Associates located on South Crouse Ave., in Syracuse.

The future Dr. Abdulky was born in the mid sixties, and is the eldest of four children born to George and Georgette Abdulky. Her home town is Damascus, Syria, where her parents and many extended family members still live today. Dr. Abdulky says she became intrigued with medicine when she studied human biology in middle school. She was fascinated by physiology, which led her down a path of general scientific studies.
Dr. Abdulky graduated from the Damascus University Medical School, where she met the medical student who would become her husband, Dr. Mazen Beshara. They married after graduation and relocated to Syracuse 28 years ago, to further their education and to be near relatives in Ithaca.

Dr. Abdulky volunteered in the microbiology lab and endocrinology department at Upstate before moving to New York City, where she lived for five years. During this time she completed her internal medicine residency at Our Lady of Mercy Medical Center in the Bronx, and a fellowship in rheumatology at New York Medical College. Following time downstate, she practiced medicine in Oconto, Wisconsin, for another five years before moving back to Syracuse to be closer to her family.

She has extensive research experience, and has been principal investigator for some pharmaceutical clinical trials as well as sub-investigator on others. Syracuse is fortunate to have the clinical expertise of both Dr. Abdulky and Dr. Beshara, who is currently a cardiologist at the CNY Heart Institute.

On a more personal note, they have two grown children: Maya, a communications major from Ithaca College, who presently works at corporate headquarters for Toys “R” Us, and Michael, who is attending Colgate University and majoring in psychology. Dr. Abdulky enjoys competitive ballroom dancing with her husband, loves to swim and work out, and enjoys oil painting and cooking gourmet meals.

I look forward to working with Dr. Abdulky in the coming year on the many initiatives and projects that lay ahead for our organization. Please join me in wishing only the best for her as she takes the helm of our Medical Society.

SAVE THE DATE

The next retired doctors’ luncheon will be held on Monday, June 12th. This luncheon will be held at a

NEW LOCATION:
The Holiday Inn, Electronics Parkway, Liverpool, NY.

Please mark it on your calendars and make note of the new location! More details to follow.
This is my last President’s Message, and it provides an opportunity for reflection. I would like to talk a bit about courage. We know that few have exemplified courage beyond that of our veterans. Without their sacrifice we would not be enjoying the freedoms we have today. Tomorrow is Veterans Day. Would the veterans in the audience please stand? I would like to thank you for your service.

Advocacy, I would argue, is an essential component of professionalism. Courage enables us to effectively advocate for our patients and our profession. When factors and factions impede our ability to use our clinical judgment to optimally care for a patient, it is our duty to articulate our concern. Whether we engage legislators, administrators, regulators or insurance entities, courage is paramount to our advocacy efforts.

Your medical society is there to support our professional interests, enhancing our ability to courageously advocate as professional citizens. I am no natural salesman, but I am deeply committed to advocating for my patients and my profession. I have no more time than most – with three adult children, two jobs in the balance, a house that’s a hobby in itself, and two dogs – well, I find it hard to accept the argument from others that “I’m too busy!” Even more than time, I would assert that we need the courage to venture beyond our comfort zone.

Advocacy is not just political. Advocacy is part of good patient care. As Robert Frost stated: “The world is full of willing people – some willing to work and
some willing to let them.” Some would find any excuse to have others shoulder the burden of advocacy.

Why all this talk about advocacy? Should we be concerned that we have the best trained, most knowledgeable, and most experienced health care professionals (i.e. physicians) leading the team? Should we be concerned that advanced practice nurses, who have a small fraction of the education, training and experience of a physician, have a consensus statement asserting their intent to independently practice medicine in all states? Should we be concerned when deliberately obscure regulations hijack medical decisions from doctors and discount our value? Should we be concerned when well-intentioned legislation & regulations impede the best care for our patients?

You bet we should! That’s the reason many of us went in to medicine in the first place. Who better than physicians to do this advocacy? We cannot be doing this when we are often our own worst enemies, squabbling between specialties and whining about paying dues and supporting our PAC.

What has the Medical Society done with fewer than ever resources? Or, as I hear from many stated in various ways, “What have you done for me lately?”

We defeated a proposal by the Governor to cut the excess Medical Society coverage. This program is essential for asset protection and peace of mind for physicians practicing in New York State. If enacted, this proposal would have stripped the excess medical liability coverage from every upstate doctor and many downstate doctors. This effort saved the bacon of every New York State physician – and, nonmembers get the benefit without any contribution. We defeated a proposal to increase the statute of limitations for medical liability claims – which would have added 15% to medical liability insurance premiums. Even if you are a hospital employee, this cost is borne by your employer… and, higher expenses mean less to compensate your services come the next contract. We’ve had legislative successes that affect every medical specialty. We preserved the provider prevails that support a physician who uses his/her good judgment to prescribe the best medication to treat painters on Medicaid.

I thank those groups such as Upstate Medical Anesthesiology and Syracuse Orthopedic Specialists, who have committed to supporting ongoing advocacy efforts by being sure every practicing physician in their respective group is a member. There are many, and I bet the forgiveness of those not mentioned…
but, where are the others? Imagine our effectiveness if all physicians had this ability to grasp our own dilemma.

Physician Albert Schweitzer stated: “Example is not the main thing in influencing others. It is the only thing.” I hope I have set this example – to the extent of my human capacity. The future of the medicine depends upon the capacity of each of us to summon the courage to continuously and effectively advocate for our patients and our profession.

Make no mistake – these are battles and we are at war. The Medical Society is an important ally in this struggle. So, go back to your practices and remind your colleagues to have the courage to join us in advocacy. Their seat at the table awaits them!

**Mary Anne McNeill, SRS**
Licensed R.E. Sales Associate
**Direct:** 315-671-1623
maryanneecramer@remax.net

**Ronnee Chapman**
Licensed R.E. Sales Associate
**Direct:** 315-671-1623
ronneechapman@remax.net

---

**123 Edwards Falls Lane**
Easy Living & Move-in Ready!
HOA fees cover exterior maintenance, grounds care and snow removal. Grand great room, open dining area, fireplace in kitchen w/ upscale appliances, granite counter tops, custom cabinetry, den, main floor laundry; spacious master suite with spa-like bath.
ML# s1004087
$334,900

**128 Brinan Fields Run**
Nearly new and so tastefully decorated—nothing to do but move in! Formal dining room, stunning great room w/ fireplace is open to the gourmet kitchen and breakfast room, office, luxurious master suite, 2nd floor laundry, deck and fabulous lower level with party kitchen, exercise and game rooms lead to the in-ground pool, 3 car.
ML# s1014102
$379,000
The Onondaga County Medical Society’s annual dinner meeting was held on Thursday, November 10, at the Holiday Inn Liverpool, 441 Electronics Parkway, in Liverpool, NY.

Mary Abdulky, M.D., was installed as the Medical Society’s 189th president. She succeeds Richard Beers, M.D. Other Executive Council officers installed that evening include: Dan Vick, M.D., President Elect; Michael Sheehan, M.D., Vice President; Sandra Sulik, M.D., Treasurer; and Riya Chacko, M.D., Secretary.

Drs. Cynthia Morrow, Barbara Krenzer, Michael Fischi, William Schreiber, Justin Fedor, and Kevin Walsh will serve as Members-at-Large of the Medical Society Executive Council for the 2016-2017 term; Drs. Adrienne Allen, Ramsay Farah, Ruth Hart, David Halleran, Brian Johnson, David Page, Barry Rabin, Jef Sneider, and Richard Semeran were elected Delegates to MSSNY; and Dr. Karen Teelin will serve as Representative for Upstate Medical University. In addition, Dr. Kyle Shilk was appointed Resident Representative, and David DiStefano, Medical Student Representative of the Medical Society Executive Council.

Medical Society and Alliance service awards and the Jerry Hoffman Advocacy award were presented that evening. The following recipients were honored at the meeting:
DISTINGUISHED SERVICE AWARD
Onondaga County Medical Society

Presented To

ROBERT W. WEISENTHAL, M.D.

Know all by these presents that Robert W. Weisenthal, M.D., is held in high esteem by both his professional colleagues and the greater Syracuse community through the thousands of patients who appreciate his skills as a gifted ophthalmologist as well as the community organizations and institutions in which he has been involved.

After completing a fellowship at the University of Iowa and his residency in Ophthalmology at the University of Pennsylvania, in 1987 Dr. Weisenthal joined the faculty at Upstate Medical University.

He is a founding member of the Specialty Surgery Center, and a founding member and medical director of Laserview of Central New York, a long-standing LASIK center. In addition to his successful practice, he continues to teach at Upstate Medical University and is a Clinical Professor working both at the Syracuse VA Hospital and at Upstate.

Dr. Weisenthal joined the Onondaga County Medical Society in 1988, and in 1991 he became active in the Young Physicians Section of the Medical Society of the State of New York, chairing that section from 1992-1994. During this same time he served on the Executive Council of the Onondaga County Medical Society, where he was elected President for the 2000-2001 term.

His involvement with the Medical Society led to his participation on various committees with Excellus Blue Cross/Blue Shield. Some of these committees included Utilization Review and Quality Assurance, the Regional Healthcare Quality Benefits Management Committee, and the Corporate Quality Committee.

Dr. Weisenthal has also served his colleagues as a member of the Crouse Irving Physician Hospital Organization’s Contract Committee and as a board member of the Crouse Community Physician Alliance.
In 2005 he joined the Health Advancement Collaborative of Central New York, now known as HealtheConnections. After years of promoting the importance of electronic health records connectivity among his fellow physicians as a board member, Dr. Weisenthal ascended to the position of chairperson of HealtheConnections, serving in that role from 2013-2016.

There is not enough space in this citation to mention in detail the dozens of lectures conducted, and publications and abstracts he has written on a wide range of ophthalmological conditions.

Dr. Weisenthal has served as a health advisory committee member for Congressman Maffei, and is an advisory council member for the Eye and Tissue Bank. In pursuits beyond Medicine, he has served as a board member and chairperson for the Manlius Free Library, and a board member of both the Syracuse Symphony and the Montessori Learning Center.

The Onondaga County Medical Society, in recognition of Robert W. Weisenthal, M.D., for all of your professional achievements and community involvements, confers upon you its Distinguished Service Award for 2016 as a measure of the high esteem in which you are held by your patients, neighbors, and members of the Society.

CITATION OF AWARD FOR
PHYSICIAN SERVICE TO THE MEDICAL SOCIETY

Presented To

KEVIN M. WALSH, M.D.

Kevin M. Walsh, M.D., has served as Chair of the Workers’ Compensation Committee for the Onondaga County Medical Society for many years. In this role, he ensures that physician applicants who wish to treat Workers’ Compensation patients have completed the requisite documentation and requirements prior to being sent on to the state-level Workers’ Compensation Board for approval.

In 1979 after his residency, Dr. Walsh joined St Joseph’s Hospital’s emergency medicine group and pursued a career in emergency
medicine. While serving the community, Dr. Walsh worked to advance the medical specialty of emergency medicine. He served as a board member for the New York State Chapter of the American College of Emergency Medicine. Through the efforts of Dr. Walsh and others, emergency medicine became recognized as a medical specialty in this state.

He credits Dr. Frank Bersani’s sponsorship with getting him involved with the Onondaga County Medical Society.

Dr. Walsh is a founding member of Industrial Medical Associates. This organization has served to bridge the gap between medicine and industry, solving problems for industry representatives and their sick or injured workers’. Through quality and effective medical care, many workers’ were able to return to work.

He also served as a member of the Medical Society’s Advisory Committee to the Chair of the New York State Workers’ Compensation Board. He also served on the medical advisory committee of the local Manufacturers Association, helping with issues related to workers’ compensation and general health insurers.

After several years as an emergency medicine physician, Dr. Walsh completed a residency in anesthesiology at Upstate Medical University, as well as a fellowship in pain management. He currently spends a portion of his time at the Syracuse VA Medical Center, caring for our veterans with chronic pain conditions. In this role he also supervises and participates in the training of fellows in pain management from Upstate.

Dr. Walsh’s most rewarding professional experiences have come from his volunteer work caring for perioperative patients on medical missions. To date, he has completed nine missions to Honduras and two to China. Locally, he volunteers at the Povorello Clinic, another community medical service in Syracuse providing primary care to those without access to medical care.

By the noteworthy value of these accomplishments and his membership support and involvement, the Onondaga County Medical Society is honored to present Dr. Kevin M. Walsh with the 2016 Award for Physician Service to the Medical Society.
CITATION OF AWARD FOR
PHYSICIAN SERVICE TO THE COMMUNITY

Presented To

BRIAN JOHNSON, M.D.

Syracuse and its surrounding communities are in the grips of an opioid addiction epidemic. However, it is fortunate to have the renowned level of treatment expertise available through Dr. Brian Johnson, Director of Addiction Medicine of the Psychiatry Department at Upstate Medical University.

Dr. Johnson describes himself as a public-health-oriented addiction neuropsychoanalyst. He works week in and week out to help as many people as he can, and teaches medical students, psychiatry and neurology residents, and pain fellows about the treatment of addiction. He has conducted research on innovative approaches to addiction treatment, and has published extensively in that field. He seeks to use these techniques to put twenty-first century brain science together with psychoanalytical techniques. His holistic approach attempts to detoxify the addicted while dealing with their other medical and psychiatric problems. In addition to his many research and presentation papers, Dr. Johnson is the author of *Widespread Zombification in the 21st Century*, an informative book for both parents and kids on all aspects of addiction, including physical, psychological, and behavioral aspects.

He has been very vocal in addressing the addiction problem in our community, and is often a speaker or panelist at public forums on the issue. Some of the panels on which he has participated include the January 2016 Community Forum on Opioid Heroin Epidemic; the 2014 SUNY Presidents and Chief Academic Officers panel, which addressed the opioid and heroin epidemic on campus; and his ongoing participation in the County District Attorney’s Drug Abuse Task Force. He has also given presentations for the East Syracuse-Minoa High School, Corcoran High School, Citizens Review Board, and MedQuest high school students at SUNY Upstate.

He is a local media source and go-to expert for program segments on medical marijuana, heroin and other substance abuse and addiction, often appearing on News 10 Now, Channel 3 News, and WRVO. He applauds the local media,
particularly the *Post-Standard*'s James Mulder, for keeping the addiction crisis in front of the public. To do so saves lives.

Dr. Johnson was recruited by Upstate Medical University in 2008. Shortly after that, he became a member of the Onondaga County Medical Society and has served as an Executive Council Board member and Onondaga County Delegate to the MSSNY House of Delegates since 2013.

The Onondaga County Medical Society is honored to present Dr. Brian Johnson with the 2016 Award for Physician Service to the Community.

**CITATION OF AWARD FOR COMMENDABLE SERVICE BY A RETIRED PHYSICIAN TO THE COMMUNITY AND THE MEDICAL SOCIETY**

*Presented To*

**PATRICIA A. RANDALL, M.D.**

Patricia A. Randall, M.D., has had a long, storied, and distinguished career as a radiologist, spanning decades. She is a lifetime member of the Medical Society, serving tirelessly at the county level in many roles, including as President of the Onondaga County Medical Society in 1988-89.

She also served in many capacities at the state level, including as an AMA delegate and as Chair of the Board of Trustees of the Medical Society of the State of New York in 2007.

These are noteworthy achievements unto themselves. However, by this citation we recognize Dr. Randall for commendable service performed after her retirement in 2009.

Along with her husband, Dr. Stanley Meltzer, Dr. Randall is a perennial volunteer at the Medical Society’s New York State Fair booth. One can only speculate that thousands, if not tens of thousands of fairgoers have had their blood pressure checked by the able team of Randall & Meltzer.
Timeless Stringer Design
Nestled in the heart of Mallards Landing. Eat-in kitchen with expansive island and morning room opens to the hearth warmed family room, first floor study, laundry center and mudroom too. Four bedrooms and 3 full baths. The lower level is complete with family room, bedroom, full bath. 3 car garage. $479,999

Truly A Rare Find
Grand foyer opens to the well appointed interior with classic formal living and dining rooms, cherry paneled library and gourmet appliance-rich kitchen. Hearth warmed family/media room with wet bar. Six bedrooms and three full baths up. Lower level w/family room, bath, wine cellar & putting green. $1,199,900

Beyond Your Expectation
Arches, columns, custom cherry wood finishes, full stone wall and vaulted custom ceiling in dramatic great room, 4 fireplaces. First floor master suite. Private yard. In-ground pool, pool house (and gazebo complete with hot tub). Lower walk-out with game room, office, exercise room and full bath. $675,000

Diane M. Ragan, CRS
Licensed Associate R.E. Broker
(315) 445-9952 (D)
(315) 446-8291 x277

R. Matthew Ragan, J.D., LL.M
Licensed R.E. Salesperson
(315) 399-7767 (D)
(315) 446-8291 x276

It Costs No More To Hire The Top Producers!

Eye Plastic & Reconstructive Surgeons
of Central New York

Form & Function
Cosmetic and reconstructive care of the face with an emphasis on eye function
New, state-of-the-art ambulatory surgery center on site

www.EyePlasticCNY.com
3400 Vickery Rd., North Syracuse, NY 13212
1-800-572-2748 • 315-422-3937
A triad based pharmacy focused on making the process of customized medicines easier for the provider

- Free FedEx Delivery
- Fast Turnaround Time
- Insurance Billing
- Assistance with Formulas, Dosage Forms and e-Prescribing
- Custom Professional Line of Vitamin Regimens with Your Consent
- Serving the Needs of Central New York

1889 East Lake Road Skaneateles, NY 13152  Phone: 315.673.9327
Fax: 315.673.9896  Email: vernakfarms@gmail.com
In retirement, she increased her involvement in the Fayetteville United Methodist Church, serving on many key leadership committees and in church activities. Her love of music has led her to become more involved in supporting the Syracuse Opera and its encouragement of young artists. She has served multiple terms as Vice President of the Aria Society.

World travel is her passion. Globetrotting has taken her to Tanzania, Italy, and Iceland, as well as on many river cruises in Europe.

The Onondaga County Medical Society is honored to present Dr. Patricia A. Randall with the Commendable Service Award by a Retired Physician to the Community and the Medical Society.

CITATION OF AWARD FOR NON-PHYSICIAN SERVICE TO MEDICAL CARE

Presented To

LOUIS D. NEUBURGER, JR.

Service to Medical Care often refers to direct medical assistance provided to people or a community organization. Service to Medical Care can also mean serving Medicine by advocating for thoughtful and fair medical liability coverage for physicians so that they can go about saving patients’ lives without the fear of facing a career-ending lawsuit.

In Louis Neuburger, both definitions of Service to Medical Care are met.

A native of Goshen, NY, he attended Manhattan College, graduating with a business degree in 1971. For the past 41 years, he has worked on behalf of physicians during his distinguished career with Donald Fager & Associates at the Medical Liability Mutual Insurance Company (MLMIC).

His achievements on behalf of physicians include the establishment and management of the first regional office for MLMIC in Syracuse in 1984. There he had daily responsibility for over 60 field claims, office, and clerical personnel, as well as claims management for cases involving 7,000 physicians
and dentists, fifty hospitals, and an extensive base of allied health policy holders. He also performed human resources administrative and budget oversight of 30 additional staff members in the Latham MLMIC office.

He has restructured the use of defense counsel into a combined management system, provided monthly reports to the MLMIC Board of Directors, and served as an advisor to the Merit Review Committee.

All of this has positively affected physicians by providing efficient processing of medical liability claims involving MLMIC policy holders, underwriting, and risk management initiatives. One can only imagine the peace of mind provided to physicians through the effective execution of these duties by Lou and his staff.

In terms of a more direct service to Medicine, Lou is a Fayetteville Fire Department EMS responder, riding in an ambulance all or parts of most weekends. He also performs volunteer service with the Franciscan Northside Ministries, where he takes vital signs and histories of those served.

For all of the direct and indirect service he has provided to Medical Care, the Onondaga County Medical Society is pleased and honored to recognize Lou Neuberger as a 2016 recipient of the Society’s Award for Non-Physician Service to Medical Care.

**CITATION OF AWARD FOR NON-PHYSICIAN SERVICE TO MEDICAL CARE**

*Presented To*

**MARY BETH COLBERT**

Mary Beth Colbert has worked tirelessly in the medical profession for eight years as a Medical Technologist at Arthritis Health Associates, and for sixteen years at Family Care Medical Group Laboratories.

In 1991, she received a Bachelor of Science Degree in Medical Technology from Upstate Medical University.

However, it is her “above and beyond” community involvement that is being celebrated with this award and citation.
Mary Beth is no stranger to medicine and the medical environment, having been diagnosed at a young age with Juvenile Rheumatoid Arthritis. This personal challenge motivated her to give back to the community, supporting others with similar struggles.

Mary Beth gives generously of her time and energy to causes that seek cures and support patients. For several years, Mary Beth has been the team leader at Arthritis Health Associates for the annual Jingle Bell Run, a fundraiser for the Arthritis Foundation of Upstate New York. She was the patient honoree in 2011. She served on the planning committee in 2013 and 2014, and was a top fundraiser in 2015. The majority of her fundraising is done at Arthritis Health Associates through snack sales, monthly bake sales, raffles, and blue jean Friday.

In 2016, Mary Beth organized and ran the first annual LupiePalooza Craft and Vendor Show to support the Lupus Alliance of Upstate NY. In 2016, she was a top fundraiser for the Walk Along for Lupus, and her other fund raising efforts in 2016 have benefited the Cystic Fibrosis Foundation, the March of Dimes and the Francis House.

For all of the community and medical care volunteer work you undertake, the Onondaga County Medical Society is pleased and honored to recognize you as a 2016 recipient of the Society’s Award for Non-Physician Service to Medical Care.

CITATION OF AWARD FOR AN ORGANIZATION’S SERVICE TO MEDICAL CARE

Presented To

THE CAMILLUS POLICE DEPARTMENT

Local law enforcement is often a challenging, difficult and dangerous profession. In response to the onset of the drug addiction scourge afflicting their community, the men and women of the Camillus Police Department have acted to address and counter this public health crisis.

In early 2015, key education officials, community leaders and service providers gathered to find ways to address and combat the escalating drug problem in Camillus. Truly, this was a problem that required total community involvement.
It became clear that a key element of addressing this problem had to be conducting a Community Forum and Expo on Substance Abuse. This event took place in January 2016, with over 700 residents in attendance. It incorporated the following key points: the face of addiction in Camillus, physiological effects of addiction on the brain, what signs to look for in addiction among children, how to get healthy and sober, community support resources, and a panel discussion for the public.

It should be stressed that this event was a combined effort involving many interested parties, including: The West Genesee School District, DSS Youth Bureau, Camillus Town Shop, area churches, OCMS BOCES, Syracuse Behavioral Health, Professional Counseling Services, and the Prevention Network.

However, for its part, the Camillus Police Department took the bold step of showing their actual police body camera footage of heroin overdoses in progress (redacted to protect identities) and how officers at the scene used Narcan to successfully revive overdose victims. This dramatic and raw footage gave the public a very real, raw view of addiction and its effects in Camillus. Additionally, the Police Department presented helpful information on the availability of heroin, how it gets to Camillus, and how it is used.

A direct result of this Community Forum and Expo on Substance Abuse was the community’s emphatic desire to have the Police Department use New York state-certified officers to train others in the use of Narcan. With the assistance of community partners such as ACR Health, the Camillus Police Department hosted a Narcan Training Mini Forum in May of this year. At three separate sessions, Camillus Police Officers and others gave out information and hands-on training in the use of Narcan to nearly 100 participants. Each person also received a Narcan kit once training was completed.

The battle with Substance Abuse in Camillus and all our communities is far from over and will require long-term effort. However, the Onondaga County Medical Society is pleased to give recognition to the Camillus Police Department, which took bold action early on as part of a broad community coalition. Furthermore, it is honored to name this agency as a recipient of the Society’s Award for An Organization’s Service to Medical Care.
CITATION OF AWARD FOR AN ORGANIZATION’S SERVICE TO MEDICAL CARE

Presented To

ACR HEALTH

ACR Health is a local, community-based organization with the vision of creating a community in which every person has the opportunity to achieve optimal health and equality.

In February 2014, ACR Health became certified by the New York State Department of Health to deliver Opiate Overdose Prevention Services. This service is coordinated through the volunteer efforts of Laura Martin, D.O., and administered by ACR Health’s Prevention Services Department, and allows agency staff to deliver life-saving education and free naloxone (Narcan) rescue kits to laypeople.

ACR Health’s primary motivation in securing this certification was to meet the needs of people who inject drugs, whom they regularly encounter in their nine-county Syringe Exchange Program. The timing of their certification proved to be a valuable asset to our community as we faced the opiate epidemic head-on in Central New York.

In February 2016, ACR Health was contacted by the Camillus Police Department and invited to collaborate on a large-scale community education session to get naloxone kits into the hands of as many people as possible in one evening. With months of work supporting their efforts, the community naloxone training sessions were held at West Genesee High School in May. Together, the Camillus Police Department and ACR Health staff educated community members and distributed rescue kits to 96 community members. Media attention highlighted the collaboration before and after the event, which created even more awareness of this important community resource. This event introduced the first collaborative naloxone education efforts in the community, and is the only partnership between a local nonprofit and law enforcement for that objective.

Since the time ACR Health’s Opiate Overdose Prevention Service was launched, it has trained more than 2,000 individuals in how to recognize the signs of an overdose and how to use a naloxone rescue kit. There have been more than 40 lives saved as a result of these efforts, including multiple instances of overdose reversals at ACR Health offices conducted by trained agency staff.
ACR Health is being recognized with this award for its efforts in helping to combat our community’s Substance Abuse issue. However, the Onondaga County Medical Society would also like to acknowledge the entire spectrum of valuable and important public health services provided by this agency.

The Medical Society is honored to name ACR Health as a recipient of the Society’s Award for An Organization’s Service to Medical Care.

**CITATION OF ALLIANCE MEMBER SERVICE TO THE ALLIANCE AWARD**

*Presented To*

**JOAN CINCOTTA**

There are volunteers, and then there are volunteer leaders who are the embodiment of the organizations in which they serve, and Joan Cincotta is one of the latter.

She has been involved with the Alliance at the state and national levels for over twenty years, serving four times as state Alliance president. Closer to home, she has been active at the county level for over forty years, serving four times as the county Alliance president.

Joan has also sat on three national committees of the State Board, of which she has been a member since 1996. Joan is one of only two county Alliance members to receive the Lifetime Achievement Award from our county.

She has chaired the Northeast Regional Conference, which includes attendees from 13 surrounding states. This conference brought the national AMA Alliance president to Syracuse – showcasing many of the city’s highlights.

For the past several years, the county Alliance has operated by way of a Governing Board, and she has chaired that Board since its inception, arranging meetings, agendas, projects, programs and events. Joan oversees the Basket Raffle, the Alliance Holiday Ad, Doctors’ Day, and tonight’s Art Sale in honor of the Alliance’s 80th year as an Auxiliary/Alliance. She assists with many of other activities, including the Alliance Scholarship awards.
Joan is proud to be a Dame in the Order of Malta, which has led to her position as Chief Nurse for the Lourdes Pilgrimage for the past seven years. Recently she was elected to the national Board of the Federal Association of the Order of Malta. Her community involvement has also included work with organizations like the Komen Foundation, the American Heart Association, Le Moyne College Board of Regents, WCNY, Francis House, and Welch Terrace.

She has received several community awards over her forty-plus years of commitment to the Alliance, including the Post Standard Achievement Award, the Columbus Day Memorial Award, the Rotary Club Outstanding Volunteer Award, the Komen Legacy of Commitment Award, the American Heart Association Lifetime Achievement Award, and, along with husband Dr. Armand Cincotta, the Le Moyne College Simon Le Moyne Award. Joan and Dr. Cincotta were also joint recipients of the Onondaga County Medical Society Distinguished Service Award.

It is with great pleasure and much appreciation that the Service to the Alliance Award is presented to Joan Cincotta.

CITATION OF ALLIANCE MEMBER SERVICE TO THE COMMUNITY

Presented To

CAROLYN FISCHI

Carolyn Fischi is an active member of our community, supporting both personally and professionally various local organizations and charities through her dedication of time and contributions.

She has served on the boards of the American Red Cross, WCNY, and Junior League, and has received an award from 40 under 40.

She is a founding member and former Vice President for GiGi’s Playhouse Syracuse, a Down Syndrome achievement center offering free programs to individuals with Down Syndrome and their families.
Other organizations that Carolyn supports include the DSA of CNY, Advocates, Inc., and Jowonio School. She is also a member of the Circle of Red, American Heart Association, and the Onondaga County Medical Society Alliance.

Carolyn formerly traveled the country giving seminars to the public on Stickley Furniture and its role in the Art and Crafts movement while serving as Communications Director and Accessory Buyer for their 13 retail stores. She is a partner of Stickley, Audi & Company and a mother to three lovely children and joint guardian to her sister-in-law, Rebecca. Her husband, Dr. Michael Fischi, is an interventional cardiologist at St. Joseph’s Hospital.

Her mission in life is to help those in need in our local community. She believes you don’t have to look very far to see those who are in need, either physically, emotionally or spiritually. Carolyn Fischi is proof that a listening ear, kind word or simple gesture at the right time can make all the difference, and for this we honor her with the award for Alliance Member Service to the Community.

JERRY HOFFMAN ADVOCACY AWARD

Presented To

DENNIS J. NAVE, M.D.

Dennis J. Nave, M.D., you are being recognized this evening for your outstanding commitment, efforts, and involvement in the arena of medical advocacy. You have advocated for and on behalf of your profession, your patients, your union brothers and sisters, and your colleagues on numerous issues for years.

Highlighted below are just some of your proudest achievements in the realm of physician, patient, and community advocacy:

- As President of the Greater Syracuse Labor Council for the past 10 years, you became the conduit that connected the labor sector and the physician community. In this role you interpreted for each group their importance to each other. For example, you used your influence to emphasize the physician
position on Medicare and Medicaid. You also explained the importance of the physician-patient relationship and keeping that bond strong by minimizing insurance company interference in that relationship.

- You have served on the Onondaga County Medical Society Executive Council for years, culminating in your election as President of the Onondaga County Medical Society 2014-2015. In doing so, you have listened to your fellow physicians’ concerns, such as the right to collectively bargain with insurers, and brought them to Albany and Washington through your strong local ties with state and federal elected officials.

- In 2006, you were invited by Teamster General President James P. Hoffa to speak at the National Teamster Convention on healthcare issues concerning physicians. At that convention you were able to speak about healthcare with then New York Senator Hillary Clinton and Delaware Senator Joseph Biden.

- As Business Agent for the Physician Teamster Alliance 1149, you helped to establish a health insurance company for physicians, staff, and their families. This leveraged the buying power of the nationwide Teamster membership, part of a health and welfare fund. By doing so, premium and pharmaceutical costs are significantly less in comparison to other carriers.

- As a member of the Consensus Commission, you have sought ways to make modern government in our community more effective and cost efficient. A part of this effort is making improvements to the delivery of healthcare in our community.

- Your current passion is your appointment to the county’s Justice Oversight Committee. You review the healthcare concerns of inmates and their families, including the overall treatment of inmates, especially those with mental health concerns.

- Numerous similar situations and efforts regarding your advocacy efforts are too long to list. Acknowledging your long-distinguished involvement in the advocacy arena, as well as your numerous and sustained efforts, the Onondaga County Medical Society is pleased to present you with the Jerry Hoffman Advocacy Award for 2016.
Onondaga County Medical Society

Annual Meeting

November 10, 2016

Sponsors

The Onondaga County Medical Society would like to thank the following sponsors for their support:

Platinum Sponsors

Dr. Mary Abdulky & Dr. Mazen Beshara
Charles J. Sellers & Co., Inc.
Kinney Drugs
VNA Homecare

Gold Sponsors

Don Vincentini, CPA & James Bandoblu, CPA
Empower Federal Credit Union
Excellus BlueCross BlueShield
HealtheConnections
FamilyCare Medical Group
Kern Augustine, P.C.
MLMIC
POMCO, Inc.
Research & Marketing Strategies-Healthcare Division
Stickley, Audi & Co.
UnitedHealthCare
Upstate Medical University Hospital
Visual Technologies
The Wladis Company, Inc.

Silver Sponsors

Allied Wealth Partners
Alzheimer’s Association
Answer Syracuse
Bowers & Co.
CNY Physician Teamsters Alliance
Holiday Inn
MVP Health Care
Transworld Systems, Inc.
Upstate Department of Anesthesiology
Upstate Medical Alumni Foundation
Dr. Brian Changlai, his wife Dr. Mary Daye, and their son Dr. Brian Changlai, Jr., have dedicated their careers to improving their patients’ longevity and quality of life. Now the family has designated a gift to support the longevity of the Rescue Mission. The $100,000 pledge is the largest contribution to the nonprofit organization’s endowment by a living donor.

The Rescue Mission, founded in Syracuse in 1887, provides a range of programs to address hunger and homelessness in Central New York, including an emergency shelter for men and women, a Food Service Center for individuals and families at risk of hunger, affordable housing, and case management and support. Dr. Brian Changlai, Sr., is a geriatric cardiologist and a life member of the Onondaga County Medical Society. Although he’s retired from private practice, he continues to care for patients at Loretto, James Square Health and Rehabilitation Centre, Van Duyn Center for Rehabilitation and Nursing, and Upstate Medical University Hospital at Community Campus. Dr. Changlai and his family have been helping to end hunger for years by contributing toward meals for those who are hungry – especially during the
holidays. “That people who have nowhere to go have a place to eat and sleep – that just warms my heart,” he says of the Rescue Mission.

Dr. Changlai’s endowment gift shows he cares about ensuring that there will always be an open door for men, women and families who are struggling in Central New York, says Carolyn Hendrickson, Chief Development Officer for the Rescue Mission: “Dr. Changlai and his family’s choice to give to the Rescue Mission’s endowment truly helps ensure our organization’s longevity, and that we will be here in the years to come for our community’s most vulnerable men, women and children.”

Dr. Changlai says he knows sometimes all someone needs is a helping hand. Originally from Taiwan, he says he’s had opportunities in the United States and Central New York that he never would have had in his native country, including the opportunity to become a doctor. “I came here with $1,000 in my pocket,” he says. “I believe in giving back to society; that we are all connected.” Through their profession and philanthropy, it’s a value that Dr. Changlai and his family are carrying on.
MSSNY’s Fall Conference was held in Schenectady, NY October 16-17. Valerie Semeran and Joan Cincotta attended. The Nominating Committee met and prepared a slate for 2016-2017. Valerie will serve as Co-president again for the coming year. Speakers addressed topics of concern including physician burn-out, what we need to know about genetics and the opioid epidemic.

A contribution was made to the McMahon/Ryan Child Advocacy Center – serving over 500 children annually – in honor of SAVE Day which was observed nationally on October 12 to call awareness to domestic violence, child abuse and bullying.

Once again, a Basket Raffle was held to raise money for scholarships. Tickets were sold at the OCMS Annual Dinner in November and again at the Holiday Luncheon (chaired by Julia Nosovitch) on December 7. A Stickley rocking chair (with inlays) – donated by Stickley, Audi and Co. – was auctioned at the Dinner and raised another $800 for Scholarships. Dr. Ludwig Khoury had the winning bid. Two Alliance members received awards at the Dinner: Carolyn Fischi for Service to the Community and Joan Cincotta for Service to the Alliance. The ticket-winner for the Basket was drawn at the Luncheon. The Alliance Day Project (chaired by Sherry Tyler) was held in conjunction with the Luncheon and benefitted Elmcrest Children’s Center with gifts and money. An Art Sale of works created by physicians and their families was also held during the Annual Dinner and the Holiday Luncheon in celebration of the Alliance’s 80th Anniversary. The Alliance would like to thank those doctors who donated their works.

The Holiday Ad, which also raises funds for scholarships, is scheduled to appear in the Post Standard on Sunday, December 18. (Because Christmas and New Years both fall on Sundays, we were forced to choose an earlier date for our Ad.) We hope that all physicians were able to get their names in in time and we would like to thank all of those who participated in this year’s Ad and
in the past. Alliance scholarships are given annually to students in need who are pursuing careers in a field of medicine.

The Spring Luncheon will take place on Wednesday, May 17 at the Skaneateles Country Club. (Please note the new venue and plan accordingly.) It should be a lovely setting for a spring lunch and we hope that many of you will plan to attend. Mark your calendars.

Our Think! Don’t Drink or Text! campaign will be underway in March thanks to Donna LoDolce and Valerie Semeran, and Donna will also oversee the Scholarship Committee getting applications to area schools in April.

Doctors’ Day is planned for Wednesday, March 29 at Julie’s Place once again. Please mark the date and join us for an evening of camaraderie and collegiality.

Please make the decision to join the Alliance and lend a hand to help us accomplish all of our worthy tasks throughout the year. Call OCMS to be directed to an Alliance member.
In Memoriam

Johan P. Bonk, M.D.

Johan P. Bonk, M.D., a life member of the Onondaga County Medical Society, passed away on Sunday, November 13, 2016, at his home in Hampstead, NC. He was 92.

Dr. Bonk was born on July 21, 1924 in Koboemen, Indonesia. Affectionately nicknamed “Joop,” he moved with his family to the Netherlands at the age of seven. He attended Utrecht University, where he received his medical degree and became fluent in five languages. He moved to the United States in 1952 and became a naturalized citizen.

Dr. Bonk served for two years at the Strategic Air Command base in Aguadilla, Puerto Rico. He was honorably discharged in 1956, achieving the rank of captain. He completed his residency at the New England Medical Center in Boston before joining the radiology department of Mt. Auburn Hospital in Cambridge, MA in 1959. He served at the Veterans Hospital at Duke University in Chapel Hill, NC, for two years. His last career move was in a partnership that formed the radiology department at the former Community General Hospital in Syracuse, NY, where he worked for 23 years and retired in 1987.

Dr. Bonk was predeceased by his first wife Mary Frances (Turner). On January 2, 1982, he married Rosemarie and they were married for just shy of 35 years. Joop is survived by wife Rosemarie of Hampstead; his daughters: Linda Bonk (Lee Brown) of Redmond, WA; Janine Bonk (Doug Rooks) of Gardner, ME; A son: Peter Bonk of Lewiston, ME; Rosemarie’s children: John Hoffman Jr. of Chesapeake, VA; Jean (Craig) Goetzmann of Skaneateles, NY; MaryRose (Robert) Hecks of Lansing, MI; Christopher (Lynn) Hoffman of Cicero, NY; His sister, Sieta Bonk of Breda, the Netherlands; 8 grandchildren and Rosemarie’s 8 grandchildren, one great-grandchild and treasured, lifelong and world-wide friends.

A memorial service will be held at Andrews Mortuary & Crematory, Hampstead Chapel, 17822 US Route 17 on Saturday, November 19th at 2:00 p.m. There will be a memorial service in Skaneateles at a later date. Memorial
donations can be made in Dr. Bonk’s memory to: Doctors Without Borders (https://donate.doctorswithoutborders.org); Save the Children (https://secure.savethechildren.org); The Karen Beasley Turtle Rescue and Rehabilitation Hospital (https://www.seaturtlehospital.org); or consider donating blood, plasma or platelets in his memory to the American Red Cross (RedCrossBlood.org) Condolences and favorite memories may be left on Johan P. Bonk online guest book at http://www.andrewsmortuary.com/

Kenneth Shiu Kee Ho, M.D.

Dr. Kenneth Shiu Kee Ho, a life member of the Onondaga County Medical Society, passed away peacefully on Oct. 6, 2016. He was 93.

Dr. Ho was born on May 11, 1923, in Kowloon, Hong Kong, one of seven children.

After graduating from UVM Medical School and getting married in 1956, he moved to Syracuse, where he started his medical family practice. He helped bring over his siblings to the US: Dr. Thomas Ho, Dr. Fred Ho and Dr. Charles Ho.

Dr. Ho is survived by his wife, the former Constance “Connie” Frail of Montpelier VT.; his four children, Stephanie, Daniel, James and Evelyn; his twin grandsons, and multiple nieces and nephews and grandnieces and nephews.

A memorial service will be planned for spring in Vermont to celebrate his life. A memorial service was held At Fairmount Community Church in Fairmount, NY, on November 19th. To send personal condolences please email the family at mailto:dr.kenho4902@gmail.com.

Dr. Ho’s Son, Danny Ho, submitted the following tribute to his father and asked that we share it with our membership:

“The Greatest Man on this Earth”
A tribute to my Dad by Danny Ho

Some called him Ken or Kenny, some called him doctor or miracle worker, some called him uncle or brother, some called him Sweetie Pie or husband and some called him Dad.

He has taught us how to cook, drive a standard car, treat others well, fix
anything using a manual and ingenuity, to take time for family and friends, to make friends with anyone, to take vacations across countries and abroad, learn new things like languages and do something you’ve never done, to get a good education so you can support yourself and not starve, to be everything you are and move beyond what you are capable of doing and beyond even that point, to just be yourself and not somebody else, to achieve goals as well as make new ones, to be a good son or daughter, to be a Legacy... and that’s my Dad,

‘The greatest Man on this Earth...’

We will miss you Dr. Kenneth S.K. Ho or Dad, but your Legacy will last forever... within me!

William J. Williams, M.D.

William J. Williams, M.D., a life member of the Medical Society, died on November 4th in Jamesville, NY. Bill was born and raised in Bridgeton, NJ. He attended Bucknell University and is a graduate of the University of Pennsylvania School of Medicine. He served in the Navy during World War II and the Korean War. He is survived by his wife, Karen; his children, Susan Williams, Scott Williams, and Sally Lowenstein; his stepchildren, Ted Hughes, Mark Hughes, Kristin Hughes, Anne Hughes, William Hughes, and Megan McGraw; and 18 grandchildren.

Dr. Williams served SUNY Upstate Medical University for 33 years as Distinguished Service Professor, the Edward C. Reifenstein Professor of Medicine, and as dean of the College of Medicine. As dean (1991-1992 and 2002-2004), he oversaw a college with more than 600 students and 480 faculty. He served as editor-in-chief of Williams Hematology.

In lieu of flowers, donations should be sent to The Upstate Foundation, 750 East Adams, CAB 326, Syracuse, NY 13210 or the Everson Museum of Art, 401 Harrison Street, Syracuse, NY 13202.

For condolences to the family please go to fairchildmeech.com.
Sponsored by the Medical Society of the State of New York

**Triage in a Disaster Event**

**Wednesday, January 18, 2017 — 7:30am**

*Faculty:* Arthur Cooper, MD & Zachary Hickman, MD

**Educational Objectives:**

◆ Describe the importance of immediate bleeding suppression during a disaster event.
◆ Describe the SALT methodology for triage and where to access SALT training.
◆ Recognize the importance of both mass casualty and bio-event triage.

---

**The Mental Health Impact of Active Shooter/Bombing on the Healthcare Team**

**Wednesday, February 15, 2017 — 7:30am**

*Faculty:* Craig Katz, MD

**Educational Objectives:**

◆ Describe the psychological problems and stress symptoms that can result from caring for victims of an active shooter/bombing event.
◆ Identify means by which members of the healthcare team can address stress before, during and after an active shooter/bombing event.
◆ Review resources and methodologies available to address the mental health impact of an active shooter/bombing on the healthcare team.

---

For more information, contact:
Melissa Hoffman at mhoffman@mssny.org or call (518) 465-8085

---

*Funding provided by the New York State Department of Health*

The Medical Society of the State of New York is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The Medical Society of the State of New York designates this live activity for a maximum of 1.0 AMA/PRA Category 1 credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.
MLMIC AGREES TO JOIN BERKSHIRE HATHAWAY FAMILY OF COMPANIES

“MLMIC is a gem of a company that has protected New York’s physicians, mid-level providers, hospitals and dentists like no other for over 40 years. We welcome the chance to add them to the Berkshire Hathaway family and enhance their capacity to serve these and other policyholders for many years to come.”

Warren Buffett, CEO, Berkshire Hathaway

For more information, visit MLMIC.com/faq.